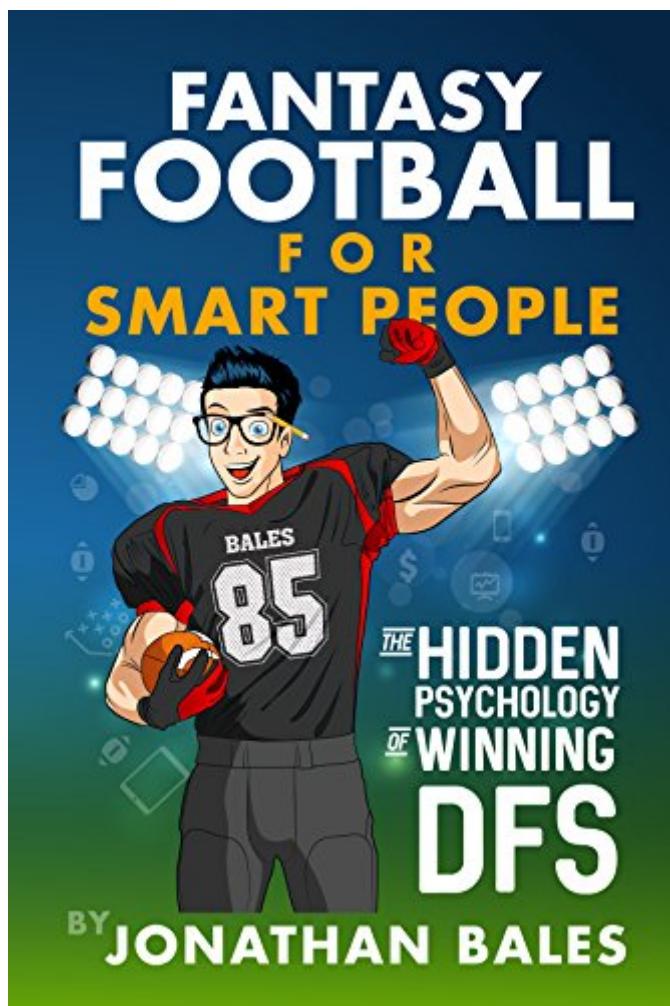


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# Fantasy Football For Smart People: The Hidden Psychology Of Winning DFS



## Synopsis

The daily fantasy sports landscape is changing. Predicting player performance is only half the battle; in tournaments, top DFS players are exploiting weaknesses in public psychology to profit big. This requires a fundamental understanding of what drives public opinion—“what motivates us to make decisions and where we go wrong” and the ability to accurately forecast how it all affects player ownership in DFS leagues. The Hidden Psychology of Winning DFS takes a two-pronged approach to turning you into a better daily fantasy football player. In the first section, you’ll learn how various cognitive biases can shape your beliefs. Why do DFS players overvalue recent performance, overestimate their ability to make accurate predictions, and deal so poorly with risk and uncertainty? More important, how can you benefit from their mistakes? The second section takes a data-driven look at both daily fantasy football tournament ownership and value. Which metrics predict not only which players perform well, but which ones will be popular in tournaments? How much do the Vegas lines matter, when should you value recent production, and how can you find both undervalued and under-owned players at each position? You’ll learn specific instructions on how to exploit inefficiencies in others’ lineups to give you a leg up on the field. Using historical data to see what actually predicts daily fantasy football value and ownership, The Hidden Psychology of Winning DFS will equip you with the tools you need to leverage weaknesses in the way other players think and act into a major competitive advantage.

## Book Information

File Size: 6915 KB

Print Length: 205 pages

Simultaneous Device Usage: Unlimited

Publication Date: August 16, 2016

Sold by: Digital Services LLC

Language: English

ASIN: B01KJ04LGO

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #61,632 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #11 in Kindle Store > Kindle eBooks > Humor & Entertainment > Activities, Puzzles & Games > Fantasy Sports #17 in Books > Humor & Entertainment > Puzzles & Games > Fantasy Sports #32 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Football (American)

## Customer Reviews

Bales books are always full of great information. Really digs into some great strategy for playing daily fantasy football. Are you going to win a large field GPP every single night? Nope. But this book will definitely give you a better idea of what it takes to get there. I literally read the entire book in one sitting and still go back from time to time to reread different parts. You can't go wrong with Bales.

I enjoyed this book immensely. Bales balances stats with flexible, actionable advice for DFS players. I'm looking forward to implementing these strategies throughout the season. The first section on biases was particularly enlightening. Bottom line reading this book can only help you as a DFS player regardless of experience level.

Always enjoy reading Bales's books. DFS player attempting to better myself and this book gets into a bunch of data and analysis that I had no idea existed. Definitely a must read for any DFS player. Actually no wait, please no one else read this book. I can't afford to lose to you in GPPs.

I would, (and have) recommend this book to anybody that would like to think differently about the way they think of daily fantasy sports. There is a lot of useful information and hindsight as to think outside of the box in terms of strategies. I can't wait to read the others!

The book was quite well thought out and offered fresh material from prior books in the series. Jonathan Bales is always pushing forward with forward thinking ideas about life that just happen to be applicable to daily fantasy football.

For those interested in daily fantasy sports (DFS), Jonathan provides valuable insight into how biases affect player selection and ownership percentages. Worth the time if you want to improve your chances of winning.

Was well worth the time, attention, and cost. These strategies are very useful and counter-intuitive,

providing a "shortcut" to DFS success if the ideas are implemented consistently.

This book is frankly amazing. I enjoyed everything about it. The information is ACTIONABLE and laid out in clear and precise ways that are easy to understand. It is numbers driven but also includes the need for you to have an understanding of football. I really believe that this book will take me to the next level in my study each week to play Daily Fantasy Sports. There are so many good things in the book from the way it is laid out by position all the way to basically a summary of rules to follow at the end. I highly recommend this book to anyone who wants to separate him or herself from the herd which is critical if you hope to be successful at winning tournaments in DFS. I had joined Fantasy labs last year during football season and rejoined as i started to read this book because the book goes part and parcel with the website and it's almost limitless information. I love the improvements on the website for 2016 and now i really feel that i can get the most out of the site especially the unique and very important trends tools. By thoroughly reading this book and taking notes and the use of Fantasylabs i finally feel i can compete with those who have tons of time to study for DFS that i frankly don't have as someone who works 55-60 hours a week in my regular job. Because between the notes i took and Fantasylabs it has greatly reduced the amount of time i will need to dig for information each week.

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